

"The Price of Liberty is Eternal Vigilance"



Cardiff RSL Sub-Branch
A&N: 89034867759

THE BUSTED BUGLE



Summer
2013-14

**CARDIFF RSL SUB-BRANCH
QUARTERLY NEWSLETTER SUMMER EDITION**

PO Box 374,
Cardiff, NSW, 2285
Phone: 49537770
Fax: 49537771
Email:
cardiffrslsubbranch@bigpond.com

THE BUSTED BUGLE

**CARDIFF RSL SUB-BRANCH
QUARTERLY NEWSLETTER AUTUMN EDITION**

President	Syd Lynch JP	0437 593 205
Hon. Secretary		4953 7770
Treasurer	Doug Goodworth	
Snr Vice President	Paul Feenan	
Jnr Vice President	Greg Peters	
Committee	Jim Bridge	
	Peter Burns	
	Ron Kennedy	
	Bill Johnson	
	Peter Taylor	
Pension & Welfare Officer	Alana Ward	

Pension and Welfare Officer:

Syd Lynch is available by appointment via the office or mobile 0437 593 205

Pension and Welfare Officer:

Alana Ward is available by appointment via the office.

General information relating to the Sub Branch is available via the Secretary at the office 49537770 during office hours.

VALE

Beck	M.J.	32944	Flt Sergeant	R.A.A.F.
Borger	N.J.	NX170428	Gunner	2/1 A.A.
Stevenson	L.	A112759	LAC	R.A.A.F.

'Lest We Forget'



Message from the President

Hi to all our members,

It seems like it was only yesterday when we welcomed in 2013, now it's 2014 and we've got to prepare for the New Year, rest assured we have it in hand.

We lost a few members throughout last year, but we are still growing in numbers, so we must be doing something right.

In the past year we have faced some challenges in the way we used to operate and hopefully we have adapted to those changes, I am quite sure we have.

There is going to be some challenges for your executives and Committee this year, in that we require some new faces to take up a few places to fill, so members please put your hand up at the coming election for these positions.

We have had a very successful year on the Welfare and Pensions front and Alana and I look forward too much of the same this year.

A big thank you to all those lovely ladies from the Women's' Auxiliary who have worked tirelessly throughout the past year, well done girls.

There are quite a few of you that need to be thanked, but as you all know who you are I thank you all from the bottom of my heart for all the time you have put in helping me out, continue your help as it is greatly appreciated.

So as the New Year begins, my wife and I hope you all had a very Merry Christmas and even a Happier New Year.

Thanks again.

To each and everyone of you, remember.

Be proud, look, live and feel proud.

Syd Lynch. J P

President

Message from the Secretary

On the resignation of our last Secretary I was asked if I would like to switch into this position. After some consideration I decided that I would combine my present position of Treasurer at the Sub Branch with the Secretary position. This will only be until February next year when at the AGM these two positions will be again separated and I will vacate the two positions.

I have been very busy doing lots of little administration tasks and some large administration tasks. The new requirements placed on the RSL by the Australian Tax Office has meant that a number of our office procedures have required slight adjustments. At Cardiff we have always maintained good office and accounting procedures. However, now we are required to keep detailed information such as how much time is spent doing our volunteer work. The new procedures are working well and meet all the legal requirements. The requirement to submit a financial budget was carried out and I am pleased to advise that it has been approved by State Council.

Remembrance Day was unfortunately a little damp and we were obliged to hold the service inside the Memorial Club. It was lovely to see representatives from our local schools attending and participating in the service. I extend a sincere thank you to our Sub Branch members and wives who came along to our service of remembrance. I would also like to thank the new Federal Member for Charlton, Mr Patrick Conroy, for delaying his departure for Canberra on Remembrance Day so that he could join us for the service and lay a tribute.

I will be starting to organise the paper work for the AGM shortly and nomination forms will available early in January. If you are at all interested in any position please come and talk to me, most of the jobs are not difficult to do but you do need to spend some time at the Sub Branch.

Lynne and I would like to wish you all a Merry Christmas and a Happy New Year.

Regards

Doug Goodworth

Hon. Secretary



Cardiff RSL Sub-Branch Women's Auxiliary

Hon. President	Mrs Bonnie Graham
Hon. Secretary	Mrs Corinne Peters
Hon. Treasurer	Mrs Lynne Goodworth
Vice President	Mrs Connie Bartley
Vice President	Mrs Dianne Kennedy
Purchasing Officers	Mrs Brigitta Froehlich Mrs Bonnie Graham

Well we all seem to have survived 2013. The end of the year was a little hectic with our Luncheon etc but we have managed to give a good sum to Sydney, CCWA & the AFOSF.

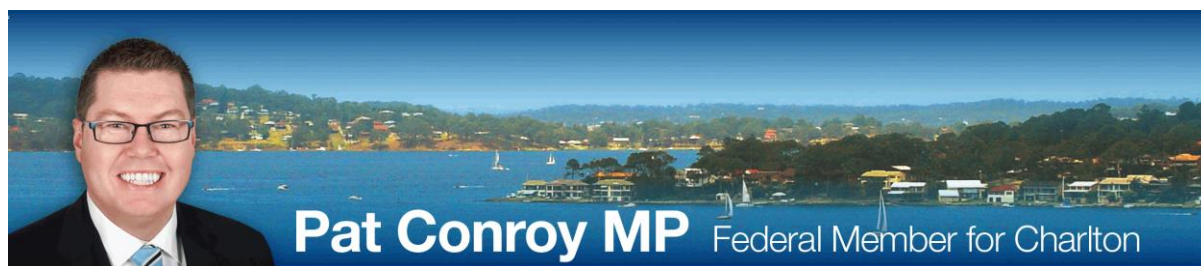
We would like to thank you for your support during the Poppy promotion last year and the Remembrance Day Service even though the weather was not pleasant.

We will be starting 2014 with ANZAC breaky again & we really appreciate the support that we receive from the men & the general public over this time. I will request that the Sub-branch ask family members if they can help us with the Breakfast, could they please contact our Treasurer Lynne Goodworth or myself.

Regards

Corinne L Peters

Hon. Secretary



I'm delighted to contribute to the Busted Bugle as the newly elected Federal Member for Charlton.

Having worked as a policy adviser in the Defence portfolio, I have a particularly keen interest in Defence and Veterans' Affairs and I'm really looking forward to building a relationship with the Cardiff RSL Sub-Branch.

By way of background, I studied Economics at the University of Sydney and worked in the union movement before stepping into a senior role as policy adviser and deputy chief of staff to my predecessor, Greg Combet. It was with Greg that I worked in the area of Defence Personnel, Materiel and Science, and was involved in decisions regarding tens of billions of dollars of defence acquisitions. This included advising on the decision to award contracts to local shipbuilding company, Forgacs, to build hull modules for the Air Warfare Destroyers.

I'm really passionate about representing the people of Charlton. RSL Sub-Branches play a really important role in the community and I value and respect the work you do. I look forward to working alongside you all.

GALLIPOLI 2015 BALLOT

The ballot for places at Gallipoli on Anzac Day 2015 has opened, and will close at midnight on the 31st January 2014.

To apply for a place, visit the Department of Veterans' Affairs Gallipoli 2015 website at www.gallipoli2015.dva.gov.au.

There will be places available for 8,000 Australians, 2,000 New Zealanders and up to 500 official representatives of all countries involved in the Gallipoli campaign.

Of the places available to Australians in ballot, 2,000 will be reserved for special representatives such as direct descendants, the veteran community and secondary school students and their chaperones. The remaining 6,000 places will be for all Australians. Applicants must be aged 18 and over on or before 25 April 2015. Widows of First World War veterans do not need to apply and will be invited separately by the Australian Government.

Offers will be made by March 2014, so that those people who are successful will have enough time to prepare.

THANKS TO THE ADF:

As far fewer personnel are stationed overseas following the redeployment from East Timor and Solomon Islands and the return of some personnel from Afghanistan, we are reminded of the role of the ADF in times of peace, as well as the important work they do in times of crisis.

Most recently, we have cause to thank our ADF for the assistance they provided in the Philippines after the devastating Typhoon Haiyan hit in November.

Logistic support was deployed to help the Philippines deal with the humanitarian disaster, with two Royal Australian Air Force aircraft assisting the relief effort by transporting Australian doctors, nurses, paramedics, other medical specialists and equipment.

ADF personnel were involved in clean up and restoration tasks, as well as delivering vital water purification systems and power generators to affected areas.

We thank the troops for their help at this critical time.

NEW YEAR WISHES:

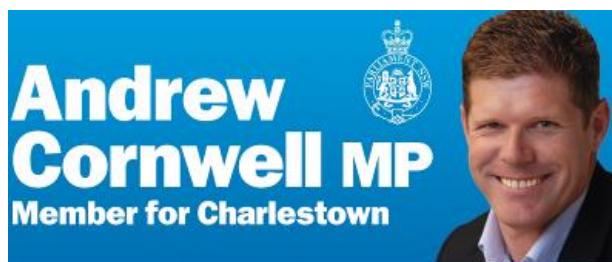
I trust you all had a lovely Christmas break and have returned to the New Year refreshed and energised.

I extend my sincere best wishes to the Sub-Branch for a healthy and prosperous 2014, and look forward to seeing you throughout the year.

Cheers,

Pat

Mail: PO Box 747, CARDIFF NSW 2285 **Electorate Office:** Suite 7, Level 1, 342 Main Road, Cardiff **Phone:** (02) 4954 2611
Fax: (02) 4954 2655 **Tollfree:** 1300 301 798 **Email:** pat.conroy.mp@aph.gov.au www.patconroy.com.au



MORE FUNDING FOR LOCAL SCHOOLS

The Member for Charlestown, Andrew Cornwell, has welcomed more than \$1.3 million in funding to be delivered to public schools in the Charlestown electorate through the NSW Government's Resource Allocation Model (RAM).

"In 2014, public schools in the Charlestown electorate will receive an additional \$1,362,365, including \$437,059 for schools within the local Cardiff area," Dr Cornwell said.

"The NSW Liberal & Nationals Government has consistently supported the Gonski Report's key view that 'Every child should have access to the best possible education, regardless of where they live, the income of their family, or the school they attend'.

The RAM delivers on this by distributing funding to schools in the Charlestown electorate on a needs basis. Funding provided to schools will directly reflect the characteristics of individual schools and their students.

Dr Cornwell said local principals and school communities would have a much greater say in how their funding was spent from next year, giving students greater opportunity to succeed.

"The new funding model allows the local knowledge principals and school communities have of their own students' needs to form the heart of school decision-making. This is the central aim of the NSW Government's *Local Schools, Local Decisions* reforms.

"It is principals, school staff and parents who know students best, and how their needs can best be met to improve student performance.

"That's why on full implementation of the new RAM schools will manage more than 70% of the state public school education budget, compared with just 10% now.

"No two school communities are the same: they have different needs and require different levels of support.

“The new model recognises these differences and ensures every parent in NSW can be confident that the school their child attends is getting its rightful share of funding.”

Until next time

Andrew Cornwell MP

Member for Charlestown

Australian Army Infantry Museum (AAIM)

The museum is located in Singleton and is well worth a visit. Check out the website for opening times and prices of admission

<http://infantrymuseum.com.au/>

HMAS Otway (S 59)

HMAS Otway (S 59) was an Oberon-class submarine of the Royal Australian Navy (RAN). One of the first four Oberon-class boats ordered for the RAN, Otway was built in Scotland during the mid-1960s, and commissioned into naval service in 1968. The submarine was decommissioned in 1994. The submarine's upper casing, fin, and stern are preserved at Holbrook, New South Wales.



Remembrance Day Monday 11 November 2013

Remembrance Day (11 November) marks the anniversary of the armistice which ended the First World War (1914–18). Each year Australians observe one minute silence at 11 am on 11 November, in memory of those who died or suffered in all wars and armed conflicts.

The ceremony was held inside the Cardiff RSL Memorial Club due to inclement weather and was well attended by the local community and representatives Mr Pat Conroy MP, Federal Member for Charlton and School Captains from Cardiff and Gendale High Schools.



WHAT IS HAPPENING IN THE SUB-BRANCH?

Information on Pensions

We can assist all members of the Australian Defence Force with establishing your eligibility to lodge your claim forms for submissions to the Department of Veterans' Affairs (DVA)

We can assist you to lodge appeals against any decisions by DVA that are not to your liking

No matter how many years it has been since you were in the services, you are entitled to apply for a disability pension for injuries or diseases caused or aggravated by war service or certain defence service rendered on behalf of Australia.

If you are not receiving TPI or EDA pensions, remember you are able to apply for an increase in your disability pension.

If you are receiving a service pension you are also entitled to apply for a disability pension.

This is a free service provided by Cardiff RSL Sub-Branch to any person who has been involved in, including Peacekeepers and Peacemakers. So please come and see our Pensions and Welfare Officers to find out if you have a claim.

Call the Sub Branch office on the phone numbers available, Wednesday and/or Saturday mornings to make an appointment to see one of our pension officers, who will discuss your concerns.

Veterans' Home Care

Veterans' Home Care (VHC) is a Department of Veterans' Affairs (DVA) program designed to assist those veterans and war widows / widowers who wish to continue living at home, but who need a small amount of practical help.

VHC is a broader Australian Government strategy to ensure veterans and war widows / widowers maintain optimal health, well-being and independence.

VHC services include:

- domestic assistance;
- personal care;
- safety-related home and garden maintenance; and
- respite care.

In addition, limited social assistance services are provided through VHC as part of the Coordinated Veterans' Care (CVC) program.

VHC is part of the range of DVA services provided to eligible members of the veteran community. These include community nursing, allied health services, for example physiotherapy and podiatry, counseling services, transport for health care, home modifications and appliances through the Rehabilitation Appliances Program (RAP) and the HomeFront falls and accident prevention program.

VHS is similar to the Home and Community Care (HACC) program.

Access to the VHC is **not** automatic. If you are eligible, you must be assessed as needing home care assistance before receiving these services.

Veterans and war widows / widowers are asked to pay a small copayment for all services provided through VHC, except for respite care.

If you don't use it, we lose it.

Wills, Power of Attorney & Enduring Power of Attorney

Every adult over the age of 18 should have a current Will and a completed Power of Attorney / Enduring Power of Attorney. Both should be kept in a secure place, the location of which is known to your partner and at least one executor.

Both should be updated on a regular basis, for example, on renewal of your driving licence. Each state has different regulations.

Remember that your Power of Attorney may be needed by your partner at any time, e.g. if you are incapacitated due to even temporary medical care. Power of Attorney means that your partner can pay bills, give instructions about your medical treatment and attend to your affairs, if you are unable to do so.

There is also a trend towards drawing up an 'End of Life Care Plan' which should be kept with these documents.

Wellbeing Toolbox

The Wellbeing Toolbox is an on-line resource for veterans, former serving members and their families. The wellbeing information and tools are general in nature, so a wide range of people can benefit from them. The website was developed by Australian Centre for Posttraumatic Mental Health (ACPMH) funded by DVA www.wellbeingtoolbox.net.au

THE BUGLE BELLY LAUGHS

Whenever an old Australian Sailor lies

One day, while an old Australian Sailor was cutting the branch off a tree by a river, his axe fell into the river & sank immediately. When he cried out, the Lord appeared and asked, "Why are you crying?"

The old Sailor replied that his axe had fallen into water, and he needed the axe to supplement his meagre pension.

The Lord went down into the water and reappeared with a golden axe.

"Is this your axe?" the Lord asked.

The Sailor replied, "No."

The Lord again went down and came up with a silver axe. "Is this your Axe?" the Lord asked.

Again, the Sailor replied, "No."

The Lord went down again and came up with an iron axe. "Is this your Axe?" the Lord asked.

The Sailor replied, "Yes."

The Lord was pleased with the old chap's honesty and gave him all three axes to keep, and the Sailor went home happy.

Sometime later that same Sailor was walking with his woman along the river bank, and his woman fell into the river. When he cried out, the Lord again appeared and asked him, "Why are you crying?"

"Oh Lord, my woman has fallen into the water!"

The Lord went down into the water and came up with ANGELINA JOLIE. "Is this your woman?" the Lord asked.

"Yes," cried the old Sailor.

The Lord was furious. "You lied! That is an untruth!"

The old Sailor replied, "Oh, forgive me Lord. It is a misunderstanding. You see, if I had said 'no' to ANGELINA JOLIE, You would have come up with CAMERON DIAZ. Then if I said 'no' to her, you would have come up with my woman. Had I then said 'yes,' you would have given me all three. And Lord, I am an old man not able to take care of all three women in a way that they deserve, that's why I said yes to ANGELINA JOLIE."

And God was pleased.

The moral of this story is: Whenever an old Australian Sailor lies, it is for a good and honourable reason, and only for the benefit of others!

Where can I shop now?

When I was ready to check out and pay for my groceries the cashier said, "Strip down, facing me."

Making a mental note so I could complain to my local MP about this running amok security rubbish, I did just as she had instructed.

After the shrieking and hysterical remarks finally subsided, I found out that she was referring to how I should position my credit card.

Nonetheless, I've been asked to shop elsewhere in the future.

They need to make their instructions a little clearer for seniors. Man I hate this getting older stuff.

Rural Australian Computer Terminology

A little bit of Aussie culcha.....

LOG ON: Adding wood to make the Barbie hotter.

LOG OFF: Not adding any more wood to the Barbie.

MONITOR: Keeping an eye on the Barbie.

DOWNLOAD: Getting the firewood off the Ute.

HARD DRIVE: Making the trip home without any cold tinnies.

KEYBOARD: Where you hang the Ute keys.

WINDOW: What you shut when the weather's cold.

SCREEN: What you shut in the mozzie season.

BYTE: What mozzies do.

MEGABYTE: What Townsville mozzies do.

MODEM: What you did to the lawns.

LAPTOP: Where the cat sleeps.

MAINFRAME: What holds the shed up.

SOFTWARE: Plastic knives and forks you get at Red Rooster.

HARDWARE: Stainless steel knives and forks - from K-Mart.

MOUSE: The small rodent that eats the grain in the shed.

WEB: What spiders make...

WEBSITE: Usually in the shed or under the veranda.

SEARCH ENGINE: What you do when the Ute won't go.

CURSOR: What you say when the Ute won't go.

YAHOO: What you say when the Ute does go...



Shit Aussies say

THE BUGLE PUZZLES

Weather

Find and circle all of the words that are hidden in the grid.

The remaining letters spell an additional weather word.

F O R E C A S T Y W F O G R T O
 D P C W N T R T I N V T E B H D
 R I T H O T E N H E N T S L E A
 I S H G O N D M R U E U F I R N
 Z U G N H Y S C P M N A S Z M R
 Z I U I P E A H O E H D C Z O O
 L S O N Y S I R U R R I E A M T
 E L R T T R A E E M M A L R E P
 I E D H S B U N N A I L T D T F
 E C O G R O H O N A A D I U E R
 N O O I A E R U P U C M I A R E
 O L L L I T S F Q N T I R T H E
 L D F T N T A S H O W E R O Y Z
 C Y T I L I B I S I V O E R T E
 Y T I M O N S O O N O N D L U S
 C C L O U D S E I R R U L F S H

BAROMETER	FLOOD	ICE	STORM
BLIZZARD	FLURRIES	LIGHTNING	SUNNY
CELSIUS	FOG	MIST	TEMPERATURE
CLOUDS	FORECAST	MONSOON	THERMOMETER
COLD	FREEZE	OVERCAST	THUNDER
CYCLONE	FROST	RAIN	TORNADO
DOWNPOUR	HAIL	SHOWER	TSUNAMI
DRIZZLE	HOT	SLEET	TYPHOON
DROUGHT	HUMIDITY	SNOW	VISIBILITY
FAHRENHEIT	HURRICANE	SQUALL	WINDY

COOKING

Lemon & Herb Chicken Schnitzel with Summer Slaw

Preparation time: 50mins, Cooking time: 30mins.



Serves: 4

Ingredients

3 chicken breast fillets

2 ½ cups fresh white breadcrumbs

2 tbsp finely grated lemon rind

½ cup coarsely chopped, fresh flat-leaf parsley

2 garlic cloves, crushed

2 eggs

⅓ cup plain flour

Vegetable oil for shallow-frying

Summer slaw

2 cups shredded red cabbage

2 cups shredded green cabbage

1 medium carrot, peeled, grated

2 celery stalks, trimmed, thinly sliced

1 medium red apple, cut into matchsticks

2 tbsp chopped fresh dill leaves

3 green onions, chopped

½ cup mayonnaise

⅓ cup lemon juice

Method

Step 1: Cut chicken breasts on an angle into four medallions.

Step 2: Combine breadcrumbs, lemon rind, parsley and garlic in a shallow bowl and season. Place flour on a plate. Whisk eggs in a shallow bowl.

Step 3: Coat one piece of chicken in flour, shaking off excess.

Step 4: Dip in egg, then breadcrumb mixture, pressing to secure.

Step 5: Cover and refrigerate while preparing summer slaw.

Step 6: To make the slaw, combine red and green cabbage, carrot, celery, apple, dill and green onion in a bowl.

Step 7: Whisk mayonnaise and lemon juice in a jug, season with salt and pepper.

Step 8: Pour dressing over cabbage mixture. Toss to combine.

Step 9: Heat oil in a fry pan over medium/high heat.

Step 10: Cook the chicken in batches for 4 to 5 minutes each side or until golden and cooked through. Transfer to a plate lined with paper towel to drain.

Step 11: Serve chicken with the slaw.

Cardiff RSL Sub-Branch Meeting Dates

The following lists the Sub-Branch's Committee and General Meeting dates for 2014.

Note: If a General Meeting falls on a long weekend, the meeting will be moved to the following Sunday. General Meetings start at 1015.

3rd Sunday in May due to Mother's Day 11th May 2014.

3rd Sunday in June due to Queen's Birthday Long Weekend.

Committee Meetings (Monday)	General Meetings
03 February 2014	09 February 2014 (AGM)
03 March 2014	09 March 2014
07 April 2014	13 April 2014
05 May 2014	18 May 2014
02 June 2014	15 June 2014
07 July 2014	13 July 2014
04 August 2014	10 August 2014
01 September 2014	14 September 2014
06 October 2014	12 October 2014
03 November 2014	09 November 2014
01 December 2014	14 December 2014 (Xmas Luncheon)

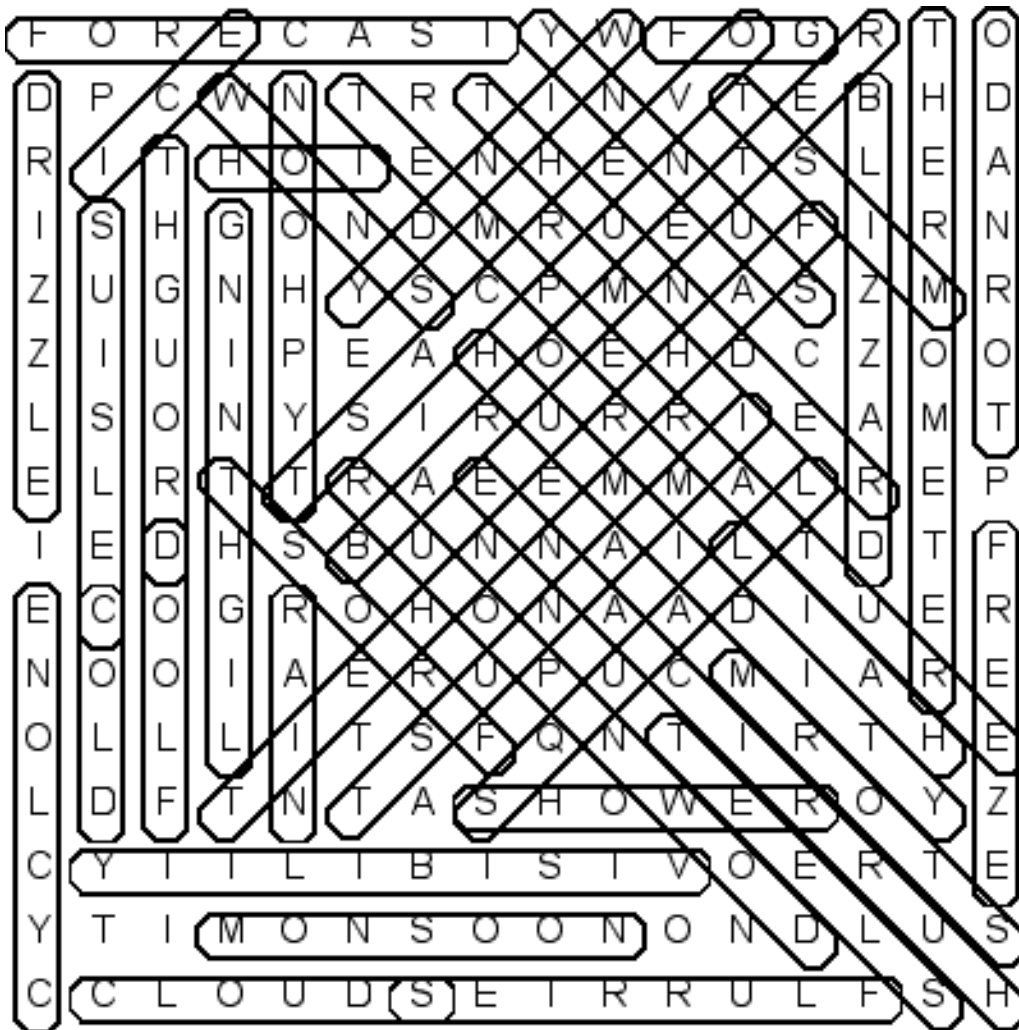
The following lists other important dates for 2014.

ANZAC Day	Friday 25 th April 2014
District Council	TBD
Remembrance Day	Tuesday 11 th November 2014
Women's Auxiliary Xmas Luncheon	TBD
Sub-Branch Xmas Luncheon	Sunday 14 th December 2014

NOTE: The Cardiff RSL Sub-Branch will be closed from Wednesday, 17th December 2014 through to Saturday, 3rd January 2015.

Answers for Puzzles

Weather




- | | | | |
|------------|-----------|-----------|-------------|
| BAROMETER | FLOOD | ICE | STORM |
| BLIZZARD | FLURRIES | LIGHTNING | SUNNY |
| CELSIUS | FOG | MIST | TEMPERATURE |
| CLOUDS | FORECAST | MONSOON | THERMOMETER |
| COLD | FREEZE | OVERCAST | THUNDER |
| CYCLONE | FROST | RAIN | TORNADO |
| DOWNPOUR | HAIL | SHOWER | TSUNAMI |
| DRIZZLE | HOT | SLEET | TYPHOON |
| DROUGHT | HUMIDITY | SNOW | VISIBILITY |
| FAHRENHEIT | HURRICANE | SQUALL | WINDY |

The hidden word is: PRECIPITATION

DO YOU HAVE PROBLEMS WITH YOUR FEET?

MANY VETERANS HAVE PROBLEMS WITH TOENAILS, CORNS AND CALLOUSES, OR SIMPLY HAVE A PROBLEM WITH SHOES DUE TO PROBLEMMATIC FOOT SHAPE

GOLD CARD VETERANS ARE ENTITLED TO PODIATRY TREATMENT, AND CAN BE ASSESSED FOR FOOTWEAR IF EXPERIENCING FOOT OR FOOT RELATED PROBLEMS. VETERANS SIMPLY ASK THEIR DOCTOR FOR A D904 REFERRAL FORM AND PHONE FOR AN APPOINTMENT

<p>CARDIFF PODIATRY CLINIC Est. 1993</p> <p>GAIL TURNBULL KIRBY MCGRATH JENNIFER STUART PODIATRISTS</p> <p><i>"Members of the Australian Podiatry Association"</i></p> <p>General foot care Diabetic foot care Biomechanical assesments Orthotic therapy Nail Surgery HICAPS Veteran affairs Medicare EPC referrals</p>	 <p>CARDIFF 4954 8479 1/50 Harrison St MON TO FRI 9am - 5pm</p>
---	--