

"The Price of Liberty is Eternal Vigilance"

THE BUSTED BUGLE



Issue 01
Jan 2013

CARDIFF RSL SUB-BRANCH
QUARTERLY NEWSLETTER SUMMER EDITION



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CARDIFF RSL SUB-BRANCH
QUARTERLY NEWSLETTER SUMMER EDITION

President	Syd Lynch JP	0437 593 205
Hon. Secretary	Neil Colquhoun	4953 7770
Treasurer	Doug Goodworth	
Snr Vice President	Paul Feenan	
Jnr Vice President	Don Urquhart JP	
Committee	Don Connolly JP	
	Jim Bridge	
	Greg Peters	
	Tich Rundle	
	Bill Johnson	
	Peter Burns	
Pension & Welfare Officer	Alana Ward	
Advocate	Ray Mitchell	

Pension and Welfare Officer: Syd Lynch is available by appointment via the office or mobile 0437 593 205

Pension and Welfare Officer: Alana Ward is available by appointment via the office.

Advocate Ray Mitchell is available by appointment via the office.

General information relating to the Sub Branch is available via the Secretary at the office 49537770 during office hours.



Christmas Cheer from the President

As we approach the festive season for another year, may my wife and I extend to our veterans and veteranesses, their families and to our many supporters a very Merry Christmas and have a great New Year with the sincere hope that 2013 will see you all in good health and prosperity.

I would like to personally thank our hard working band of volunteers and helpers who ensure the services we provide to veterans and also their families is of the highest quality.

Once again 2012 has been a pretty busy time pension wise for Alana, Ray and myself with many requests for welfare and pension advice, and in 2013 we look like being even busier with increases in claims for our younger veterans seeking our assistance, particularly under the SRCA and MRCA entitlements, so I must enthusiastically thank those two for a job well done. We have had some wins on the Advocates side of it, but rest assured the battle isn't over and will continue in 2013.

We can be all proud of the fact that our new War Memorial has finally come to fruition, now all that is needed is for the work to be started which it will in the new year. I must also thank Mr Paul Feenan and Mr Bill Johnson for their effort in helping manage all the correspondence associated with the project, their help in advice has been invaluable, so thank you.

Remember, things such as our War Memorial could not have come to fruition or come to being without some great teamwork and we now have number of members keen to put their hands up to volunteer their time and energy to help their fellow veterans.

The Club Ltd deserve a special mention for their effort in the way of supplying half the amount of \$60,000 needed for refurbishment, especially in this time of global uncertainty, I also wish Greg and his band of merry men the very best for Christmas and look forward to a very profitable and safe New Year for your and our great club and I thank you for your continued support over the past 12 months, and may our close working relationship continue for many years to come.

We also have new secretary Neil Colquhoun, I also wish him well in his endeavours. In closing, may I thank you one and all for your marvelous, generous support and loyalty you have shown me as your President. I value your friendship and wish you all every success in 2013 and beyond.

Remember, war does not determine who is right, only who is left.

Have a good chrissey and even a better New Year by staying healthy.

Syd Lynch. J P

President



Message from the Secretary

My name is Neil Colquhoun and I am your new Secretary at Cardiff RSL Sub-Branch.

To give you a brief run down on myself, I am a Pension Officer, Welfare Officer, Mens Peer Health Rep, Suicide Prevention Officer and if I may say so a bloody good bloke.

I have been retired for about fifteenth years and because the Vietnam Vets helped me, I decided to join their committee and help any veterans that I could. I reached the position of Vice President, but after my dad passed away my mother did not know what she was entitled to. So being a TPI Veteran, I decided to be on the committee of the TPI Association and after many years reached the position of Vice President also.

I thought I was doing a good job for TPI Veterans, but the TPI President (who is eighty six years old) told me that I was making too many changes to TPI. I think that that he is wrong and so did most of the committee. My so called changes were for the betterment of the TPI members so as to make things easier for all veterans not just TPI's.

I was sick and tired of being told I was wrong over a two year period that I resigned so I am now your secretary. I know I have big shoes to fill, but with the help of Syd, Doug and the rest of the committee I hope I can do a good job.

We have been very busy in the last couple of months, starting with our committee meetings and Remembrance Day also all the work to get our Christmas social organized with us and the Cardiff RSL Memorial Club.

Many thanks to the Sub-Branch members and committee for putting up with me as I find my way around.

I must thank Syd and Doug for all their help as they have their own work to do and me asking how to this or that.

If any of our members want to know anything about our Sub-Branch or DVA, please come and see me in the office or just phone me on the number provided on the front page.

If any veterans want to come and have a talk about anything, please come and knock on the door, the coffee/tea is always on.

Have a great Christmas, New Year and please make it a SAFE one.

P.S. The coffee/Tea is free.

Regards

Neil Colquhoun

Hon. Secretary

VALE

'Lest We Forget'



Cardiff RSL Sub-Branch Women's Auxiliary

President	Mrs Bonnie Graham
Secretary	Mrs Corinne Peters
Treasurer	Mrs Lynne Goodworth
Vice President	Mrs Connie Bartley
Vice President	Mrs Kaylene Dodd
Purchasing Officers	Mrs Brigitta Froehlich Mrs Bonnie Graham

The Auxiliary has survived another year and thanks to the generous support that we have received from the community; the Club & the Sub-branch we have been able to do our little bit to help such organisations as the Welfare & Benevolent Institution; the CCWA and the RSL AFOF.

This year we lost another long term member of the Auxiliary, Mrs Dot Harvey. She will be missed by her family & our family (the Auxiliary). Like a number of organisation the Auxiliaries are become very small in number. It would be a great shame if they were to cease to exist, so any ideas for gaining new members would be welcomed.

At this time of the year we are all thinking of Christmas & all that means to us. This is also one of the loneliest for some people too. Please enjoy this festive season and try to survive the season and its many celebrations.

Merry Christmas to everyone from the members of the Cardiff RSL Sub-Branch Women's Auxiliary.

Corinne L Peters

Hon. Secretary



MESSAGE FROM THE HON GREG COMBET AM MP
Federal Member for Charlton
Minister for Climate Change and Energy Efficiency

Update on Afghanistan:

We remain on track to transition to Afghan-led security in Afghanistan by the end of 2014.

The commencement of independent operations by all four Infantry Kandaks of the Afghan National Army (ANA) 4th Brigade in Uruzgan Province is a significant step. Australians are no longer operating from Forward Operating Bases or Patrol Bases in Uruzgan Province and have consolidated their presence at the Multi-National Base Tarin Kot.

The ADF will continue to advise the two combat support and combat service support (logistics) Kandaks of the 4th Brigade, and will remain combat ready to assist Afghan Forces should the need arise.

Update on Centenary Anzac Day commemorations at Gallipoli in 2015:

The Australian and New Zealand Government will hold a ballot for around 8,000 passes to attend Centenary Anzac Day commemorations at Gallipoli in 2015.

The public consultation on how Australia will be represented at the Centenary Anzac Day commemorations has concluded, with hundreds of submissions being received from all over the country. The results will be used to help shape the planning and procedures around determining attendance at the official Anzac Day service.

Details on how the ballot process will operate, and how Australians will be able to register for the ballot, will be announced early next year with enough time for people to make appropriate travel plans.

However, the Minister for Veterans Affairs has warned the community to be wary of tour operators promising tickets to Centenary Anzac Day commemorations. Tour operators are not in a position where they can guarantee a place at the Dawn Service or other commemorative sites until final arrangements regarding attendance at services are agreed by the Turkish, Australian and New Zealand Governments.

For more information on the ballot visit the Gallipoli 2015 website online at www.gallipoli2015.dva.gov.au

Mental Health matters:

In late November, Ministers from Veterans' Affairs portfolios from Australia, the United States, Canada and New Zealand joined together in Canberra to discuss issues affecting servicemen and women.

The Ministers acknowledged the need to provide a strategic approach to physical and mental health issues caused by multiple deployments, particularly for the current and next generation of veterans and their families.

As part of this response, DVA has launched a new series of online videos to bring more awareness of the mental health issues faced by some of our current and ex-serving members of the Defence Force, following active service.

The series of videos feature current servicemen and women, veterans and family members, including an Afghan war widow, sharing their experiences in dealing with issues from depression through to anxiety and loneliness.

The videos, produced by DVA, hope to spark a discussion among the current and ex-serving communities on subjects that can be a sensitive topic, and ultimately reduce the stigma that is associated with seeking help.

The videos are available for viewing online at the DVA YouTube channel at www.youtube.com/DVAAus or via the DVA Facebook page www.facebook.com/DVAAUS.

Reducing social isolation spending time with mates or making some new ones can do wonders for anyone's mental and physical health, and the RSL plays a vital role in maintaining these social links.

I would like to take this opportunity to thank the RSL for your continued commitment to Returned Servicemen and women, and support for current ADF personnel. Your work is valued by us all.

Till next time,

Greg

REMEMBRANCE DAY (11TH NOV 2012)

Remembrance Day (also known as Poppy Day or Armistice Day) is a memorial day observed in Commonwealth countries since the end of World War I to remember the members of their armed forces who have died in the line of duty. Remembrance Day is observed on 11 November to recall the end of hostilities of World War I on that date in 1918. Hostilities formally ended "at the 11th hour of the 11th day of the 11th month.

The red remembrance poppy has become a familiar emblem of Remembrance Day due to the poem "In Flanders Fields". These poppies bloomed across some of the worst battlefields of Flanders in World War I, their brilliant red colour an appropriate symbol for the blood spilled in the war.





I can't believe it is time for the Christmas edition of the Bugle already! What a year it has been for the Charlestown electorate. From Cardiff Main Street refurbishment to the start of Cardiff station upgrades, together we have made great progress on vital local infrastructure. I would like to take this opportunity to say thank you for your patience while the work is completed – I promise it will be worth it.

Up here in Charlestown, I am pleased to say my office has now moved to a more accessible location on street level with dedicated parking. The new address is unit 3/313 Charlestown Road (diagonally opposite Charlestown Medical and Dental Centre). My phone and other contact details remain the same.

Warm congratulations to Cardiff RSL Sub-Branch on its successful application under the NSW Community War Memorials Fund. The Sub-Branch will receive \$3300 to renew lettering on the First World War Memorial on Macquarie Road. This is an important conservation project which will ensure a lasting tribute to those who have served our nation.

I would like to wish you all a safe, happy Christmas and a prosperous New Year. I look forward to working with you in 2013.

Yours faithfully,

Andrew Cornwell MP

Member for Charlestown

AN ANZAC STORY

Private Ernest Alfred George Smith

Number: 2645

38th Battalion

Private Ernest A.G. Smith was the son of John Thomas Smith of Cardiff, NSW and joined the A.I.F. on the 14 September 1916 at the age of 29 years and 3 months. After his basic training he embarked in Sydney on the Troopship "Benalla" A24 on the 9th November, 1916 for the voyage to England.

The ship arrived at Devonport, England on the 9th January, 1917 and the troops proceeded to the 10th Training Battalion at Durrington. After his training Private Smith was sent to France on the 5th April 1917 and was taken on strength with the 38th Battalion on the 8th April, 1917.

Private Smith was wounded in action on the 7th June, 1917 receiving a gunshot wound to the foot. He was invalided to England on the 28th July 1917 for treatment and convalescence. Private Smith returned to France on the 28th November 1917 and joined his unit on the 6th December, 1917. He was admitted to hospital sick on the 16th September, 1918 and was evacuated to hospital in England suffering from Bronchial Pneumonia on the 29th September, 1918. Private Ernest Smith returned to Australia on board the "Suevic" arriving in Sydney on the 20th November, 1918 and was discharged from the A.I.F. on the 4th May, 1919.

Private Ernest Smith was awarded the Military Medal for "Conspicuous Services rendered in the Australian Imperial Force". The citation reads as follows:

"Near PROYART on 11th August 1918 Private SMITH volunteered to go with L/Corporal LEWIS out to a German position which was causing a good many casualties to his platoon. These two men crawled out with bombs out to the post, under fire all the time, and bombed and then rushed the post. They killed two of the garrison and captured the remainder with three machine guns. Having cleared up this post these two men mopped up two other posts and brought back a total of 11 prisoners. The bravery and recklessness of these two men was a great help and inspiration to their comrades".

Lance Corporal Samuel Eggington

Number: 3039

5th Pioneer Battalion

Lance Corporal Samuel Eggington, number 3039, served with the 5th Pioneer Battalion in France during War World One. He was awarded the Military Medal for his actions in July 1916. His citation is as follows:

"At PETILLION on this night of 21st/22nd July 1916, Lance Corporal Eggington and Lance Corporal Landaman volunteered for rescue work in "NO MAN'S LAND", and went out with a party under Company Major Gagler.

The locality was scoured over a frontage of 600 yards and though not any wounded were discovered the party brought in two Lewis Guns, many rifles, and a quantity of equipment and dead men's effects. This work was carried out under continuous enemy machine gun and rifle fire".

'Lest We Forget'

Acknowledgements:

Lynne Goodworth (Women's Auxiliary)

Australian War Memorial Canberra

FRIENDS OF THE 2ND INFANTRY BATTALIONS

The *Friends of the 2nd Infantry Battalions* is a group which was established in Newcastle in 1983 to support the 2nd Battalion Royal New South Wales Regiment (2 RNSWR) which had its headquarters at that time at the Hamilton Training Depot.

In December 1987 2 RNSWR and 17 RNSWR were linked, to form the present 2/17 RNSWR, in a Parade at the Newcastle Showground. The battalion headquarters of the linked battalion has been at Suakin Training Depot, Pymble since that time.

C Company 2/17 RNSWR was based at Hamilton Training Depot, until the depot was closed in 1994, and at Bullecourt Barracks, Adamstown since 1995. The *Friends* provides support to C Company as required.

Recently the *Friends* have spread their "umbrella" and now provides support from time to time to other units at Bullecourt Barracks.

The membership of the *Friends* includes members, family and others interested in history of the 2nd Battalions, the lineage and history. There are many members with no direct link to local units but are interested in the happenings.

2012 has been a busy year where much has been accomplished.

On 14 February 2012 we saw the successful completion of a major project with the dedication and unveiling of four plaques to the 2nd, 54th, 13th and 34th Battalions of the 1st AIF at the Australian War Memorial in Canberra. These World War I battalions have links to Newcastle and the Hunter Valley. Many members of the *Friends* made the effort to attend this unveiling through a bus trip organised through Kings Coaches of Newcastle. Others made their own way to the venue.

The year was busy for all of Newcastle's Army Reserve Military Units as the tempo of overseas deployment opportunities continued to provide more opportunities for Army Reserve members to serve overseas.

Through 2012 the *Friends*, largely through the efforts of Committee member Ray Cousins, continued to forward Comfort Packs to personnel from Bullecourt Barracks who are serving in Timor-Leste, the Solomon Islands and Afghanistan. This effort will continue through 2013 in support of the personnel from Bullecourt Barracks who are serving overseas.

On Saturday 15 September 2012 the *Friends* conducted the annual *Nulli Secundus* Luncheon at the Cardiff RSL Club. This year we were pleased to have Captain Aaron Jackson, a Charlie Company officer, give us a presentation on the deployment of the Army Reserve contingent to Timor-Leste in 2011/2012. This presentation provided many members of the *Friends* with a deeper understanding of just what the ADF is accomplishing there. In addition we also had the pleasure of having the company of ten members of Charlie Company who, throughout the luncheon, mingled with many of the *Friends* and some of the 2/2nd Battalion World War II veterans. Once again former members of the 2/2nd Battalion joined us in order to round out the 2nd Battalion family.

As always, the *Nulli Secundus* luncheon gives us the opportunity to celebrate a number of birthdays. This year the volunteer Infantry in Newcastle was officially 152 years old, with the authorisation and raising of a Volunteer Rifle Company in Newcastle and two Volunteer Rifle Companies in the Maitland/Morpeth area on 17 September 1860. An unauthorised Volunteer Infantry company had been operating alongside the Newcastle Artillery Battery since 1855 when they took the place of the British Army forces who were withdrawn from Newcastle in 1851.

Other birthdays celebrated in 2012 included:

- The 128th Birthday of the raising of the "4th Regiment of NSW Volunteer Infantry" in 1884.
- 127 years ago members of the 4th Regiment volunteered and served with the NSW contingent in the Sudan. The Battle Honour "*Suakin 1885*", the oldest Battle Honour in the Australian Army, is now displayed on the Regimental Colours of all of the Battalions of the Royal New South Wales Regiment.
- This year was the 113th anniversary of the sailing of a contingent from the 4th Regiment direct from Newcastle to South Africa and the Boer War.
- This year it was 98 years since the start of World War I and the raising of the 2nd Infantry Battalion, 1st AIF and its dispatch overseas.
- This year it was 72 years since the dispatch of the 2/2nd Infantry Battalion, 2nd AIF overseas.
- This year it was 64 years since the formation of the Citizens Military Forces, now the Army Reserve, and where again we see former and current members of the Battalion, alongside members from other units based at the Bullecourt Barracks, serving overseas on active service.

Our magazine "In Support" is the main source of communication with all members of the *Friends*. It is produced six times a year (the six even months) and is a highly regarded publication.

Members of both the *Friends* and Cardiff RSL Sub Branch include Paul Feenan, Roger Greenan, Bob Kear, Geoff Kelly, Laurie Kelly, Bob Low, Dennis Murnain, John Ross, Doug Roworth, Charlie Stevens and Peter Taylor.

Many thanks to Charlie Stevens for providing this article (Ed).

ex-HMAS STALWART

On 3 May 1990, in a ceremony held onboard, the ex-HMAS STALWART was handed over to her new owners, Sea Royal Ferries of Nicosia, at a sale price of \$A5.25 million. In a first for the RAN, STALWART was sold in a fully operational "as is, where is" condition, with the proceeds of the sale being returned to the Navy for future use. STALWART, now renamed Her Majesty M, was used by her new owners, mainly in Mediterranean waters.

On 19 February 2003 a ship named TARA II (formerly Her Majesty M) arrived at the shipbreakers at Alang in India. This last voyage ended the life of an escort maintenance ship launched at Cockatoo Island in Sydney on 7 October 1966, and commissioned into the Royal Australian Navy as HMAS STALWART on 9 February 1968.



Identification (Snippet from Reveille 1931)

A reunion dinner of old World War One die-hards was being held at a West End hotel, whose cloakroom attendant had the reputation of having a memory for returning belongings to their rightful owners.

There was a good muster and the dinner was a success. At the finish the colonel and the major departed to the cloakroom for their hats.

Having dined wisely and been given his right hat and coat the colonel felt generous and rewarded the man with an extra tip.

Reaching the street they commenced to walk, when the colonel felt something tickling his head. He took his hat off and found inside a piece of paper with the words, "Bald, red nose, big belly."

The colonel was furious, and his fury was not allayed by the major's comment that it was an apt description.

Barracking (Snippet from Reveille 1931)

The name "barrak" was often applied to their camels by the Australian Camel Corps formed in the desert in 1916. It was derived, so the digger was told from Barrak, an ancient Palestinian warrior whom to meet in battle was to go "down" before; hence, "barracking" in test matches' in Australia, which means "down with the blighters".

OUR FLAG

Author: Unknown

Our Flag wears the stars that blaze at night,
In our Southern skies of blue,
And a little old flag in the corner,
That's part of our heritage too.

It's for the English, the Scots and the Irish,
Who were sent to the ends of the earth,
The rogues and schemers, the doers and dreamers,
Who gave modern Australia its birth.

And you, who are shouting to change it,
You don't seem to understand,
It's the flag of our laws and our language,
Not the flag of a faraway land.

Though there are plenty of people who'll tell you,
How when Europe was plunged into night,
That little old flag in the corner,
Was their symbol of freedom and light.

It doesn't mean we owe allegiance,
To a forgotten imperial dream,
We've the stars to show where we're going,
And the old flag to show where we've been.

It's only an old piece of bunting,
It's only an old piece of rag,
But there are thousands who've died for its honour,
And shed of their blood for OUR FLAG.

WHAT IS HAPPENING IN THE SUB-BRANCH?

Membership 2013

Membership cards are to be pick-up and paid for prior to the end of April 2013. If renewed, the cards will be returned to Sydney and they will no longer be financial members of the RSL causing all benefits to be cancelled at this Sub-Branch.

Memorial Club Membership 2013

Membership for the Cardiff RSL Memorial Club is also available at the Club during office hours.

Annual General Meeting February 2013

The Annual General Meeting (AGM) and election of officers will be held on Sunday, 10th February 2013 at 1030am following the General Meeting.

Nominations for Office Bearers will be received by the Secretary from Wednesday, 9th January 2013 and will close 1130am Wednesday, 30th January 2013.

ANZAC Luncheon

The ANZAC Luncheon of the Sub-Branch will be held on Sunday, 14th April 2013 at 12 noon.

ANZAC Day

Dawn Service Thursday 25th April 2013 commencing at 5:15am and will be preceded by a short march from the traffic lights Main Road Cardiff to the Club for those able to march.

Information on Pensions

We can assist all members of the Australian Defence Force with establishing your eligibility to lodge your claim forms for submissions to the Department of Veterans' Affairs (DVA)

We can assist you to lodge appeals against any decisions by DVA that are not to your liking

No matter how many years it has been since you were in the services, you are entitled to apply for a disability pension for injuries or diseases caused or aggravated by war service or certain defence service rendered on behalf of Australia.

If you are not receiving TPI or EDA pensions, remember you are able to apply for an increase in your disability pension.

If you are receiving a service pension you are also entitled to apply for a disability pension.

This is a free service provided by Cardiff RSL Sub-Branch to any person who has been involved in, including Peacekeepers and Peacemakers. So please come and see our Pensions and Welfare Officers to find out if you have a claim.

Call the Sub Branch office on the phone numbers available, Wednesday and/or Saturday mornings to make an appointment to see one of our pension officers, who will discuss your concerns.

Wellbeing Toolbox

The Wellbeing Toolbox is an on-line resource for veterans, former serving members and their families. The wellbeing information and tools are general in nature, so a wide range of people can benefit from them. The website was developed by Australian Centre for Posttraumatic Mental Health (ACPMH) funded by DVA www.wellbeingtoolbox.net.au

THE BUGLE BELLY LAUGHS

Shockingly Corny Puns

I wondered why the cricket ball was getting bigger, then it hit me.
Police were called to a daycare centre where a three-year-old was resisting a rest.
Did you hear about the guy whose whole left side was cut off? He's all right now.
The roundest knight at King Arthur's round table was Sir Cumference.
To write with a broken pencil is pointless.
When fish are in schools they sometimes take debate.
A thief who stole a calendar got twelve months.
We'll never run out of math teachers, because they always multiply.
The math professor went crazy with the blackboard when he did a number on it .
The professor discovered that her theory of earthquakes was on shaky ground.
Dead batteries were given out free of charge.
A dentist and a manicurist fought tooth and nail.
The optometrist fell into his lens grinder and made a spectacle of himself.
A backward poet writes in reverse.
In a democracy it's your vote that counts; in feudalism it's your Count that votes.
A chicken crossing the road is poultry in motion.
With her marriage, she got a new name and a dress.
Show me a piano falling down a mine shaft and I'll show you A-flat miner.
When a clock is hungry it goes back four seconds.
The guy who fell onto the upholstery machine has been recovered.
You are stuck with your debt if you can't budge it.
He broke into song, because he couldn't find the key.
A boiled egg is hard to beat.
He had a photographic memory which was never developed.
His parents thought he was a budding genius, but turned out to be a blooming idiot.
A plateau is a high form of flattery.
Those who get too big for their britches will be exposed in the end.
When you've seen one shopping centre, you've seen a mall.
When she saw her first strands of gray hair, she thought she'd dye.
Bakers trade bread recipes on a knead to know basis.
Santa's helpers are subordinate clauses.
Acupuncture is a jab well done.

COOKING

Summer Vegetable Omelette



Serves: 1

Ingredients

- 2 Eggs
- 1/2 cup chopped mushrooms
- 1/2 cup chopped spinach or silver beet
- 1/2 medium zucchini grated
- 1 clove garlic crushed or chopped
- 1 shallot chopped
- 3 - 5 large basil leaves or mixed herbs if you prefer
- 1/2 tablespoon olive oil or canola oil
- A pinch of salt and pepper as desired for flavour

Method

- Beat eggs in medium to large bowl.
- Add vegetables, shallots, garlic, basil, salt and pepper and combine well.
- Heat oil in medium fry pan.
- Add omelette mix and ensure it's evenly spread out.
- Cook until underside is golden brown.
- Turn over and cook until golden brown.
- Serve with a side of fresh salad.